

THE SCHAUMBURG QUICK RELEASE



Welcome to the Schaumburg Bike Club newsletter. One source available for what's going on with our cycling members, tips, suggestions and off the cuff news to keep you informed.

WELCOME TO THE END OF SUMMER EDITION!

Check full of great cycling news both competitively and
recreationally

THE EDITOR AND STAFF REMIND ALL MEMBERS, THE NEWSLETTER IS YOUR OPPORTUNITY TO PUBLISH YOUR INTERESTING AND NEWSWORTHY ITEMS. SEND TO:BEERSSC@WOWWAY.COM. NOTHING IS TOO MINISCULE OR MEANINGLESS FOR INCLUSION TO THE NEWSLETTER

New Ride in our Midwest Area

***** Submitted by Club Member Chuck Ytzen *****

Looking for a ride (25, 50, or 100 miles) with challenging climbs, a route closed to traffic, and the experience of a road race, then look to CENTURION CYCLING. August 8th found me and my sons doing just that in Middleton, Wisconsin with 1100 other registered cycling enthusiasts.

The weekend began with registration packet pickup and expo at the Middleton airport. Many vendors were on hand offering free samples and giveaways. With instructions on mounting the electronic timing device to the front fork of our bikes, we proceeded to our hotel and the TREK expo at the convention center in Madison. This expo was open to dealers only but, as a participant in the CENTURION, we were granted free admission. On display were all the 2011 TREK bicycles, from high-end road bikes to tricycles, and all the accessories you could imagine. Needless to say I left my drool mark on a 6.2 Project One Madone and a \$2500 set of Bontrager wheels. Of personal interest was the display of saddles with the pelvis bone, since both I and my son recently broke ours.

Sunday started with a 5:00 am breakfast in the hotel with 25 other cyclists after which we rode through the rain to the starting line. At the direction of race officials, we proceeded to a nearby hanger to wait out a severe line of thunderstorms. After a 30 minute delay it was announced that the 100 mile event would be cancelled and the 50 mile event would start at 9:30 after a second line of storms went through. After a trip back to the hotel, we joined the other 800 hearty cyclists in the staging area in our respective starting corrals to await the start of the race in the rain. (The neutral start was divided into 4 starting corrals; racer, serious, casual, and beginner) The rolling start was complete with MAVIC lead-out cars and motorcycles which provided mechanical support if needed. The right lane of the course was closed to traffic and all intersections were controlled. The route was challenging with large rollers, one major climb complete with a timed KOM, and two feed zones. In the feed zones you could choose to "dine-in" to the right or keep left and pickup refreshments on the fly. Even with all the rain, numerous spectators were on the route to offer support and encouragement. Immediately upon finishing the race, officials were on hand to cut the timing chip from your bike to record your official time. All racing participants were then treated to a hearty lunch and free beer.....all good for carbo re-loading.

I finished in 2:41:30 (18.1 mph) far behind the leaders (1:58:38) yet over an hour ahead of others. My sons finished in 2:30 and 2:38, unfortunately for me, I was not able to hang onto their wheel. All-in-all, this event has something for everyone and I highly recommend it. Even though this was a "race" and the weather was less than ideal, I can honestly say that I felt safer riding in this event than I do on other rides such as RAGBRAI or on the local bike paths. My only regret was that the 100 mile event was cancelled and I was not able to be finished in time to see those riders cross the finish line, maybe next year.

Another Featured Recap

**** Submitted by Club Member Jeff Skender ****

Door County Bike Club Trip Recap

Every year our club takes an extended weekend bicycle trip. In the past we have done the Elroy-Sparta, WI Trails, and Petoskey MI Trails. This year we decided upon Door County, WI. Next year... we do not know yet. Planning for this summertime trip usually starts about six months before in January when we are snowed-in. That is when we decide and start booking hotel rooms, and set aside vacation time.

It is hard to get a good weather forecast six-month ahead of time. This year as the start of our trip neared it was looking like we picked a rain-out weekend. That did not stop anyone. It was a bit worrisome as we drove up on Friday passing through one storm after another. Patti and Richard were hosting a party at the hotel where most were staying on Friday evening. Many club members arrived in Fish Creek, WI around 12-noon, it was still raining then.

The rain stopped around 1:30 PM and shortly after I was on my bicycle heading into the deep woods to the mountain bike trails. The clouds were clearing and it was starting to look like we just might have a rain-free weekend. When I got to the hotel where most club members were staying I found the group in the in-door hot tub and pool. Nobody was interested in a small afternoon bike ride. So, I was the only one out bicycling that first day.

On Friday evening Richard fired up the grill and starting cooking. Patti set the table. Things were looking good. Just as we were all ready to start our little outdoor picnic, the sky opened up and thunder roared. Plan-B when in to effect: move the party inside the hotel room, but no we stayed outside and partied under the large covered sidewalk area around the hotel, and did not let the rain stop us. After diner we celebrated Bob and Eileen's 40th Wedding Anniversary.

On Saturday morning the weather was perfect for cycling. We broke up in three groups. One) Bob Richard and Don were doing a 100 mile road ride, Two) Randy and Gerri were doing a 50 mile road ride. Three) the rest of us headed into Peninsula State Park and a morning ride and site-seeing tour. Breaking up into smaller group worked out well and gave people the chance to door the ride of there choice. The road rides enjoyed bicycle friendly roads with wide shoulders making for a very enjoyable ride around the county.

We schedule some free time on Saturday afternoon for club members to do as they please. One group toured a winery and did a little wine tasting. Others did some shopping. Most found there way to Wilson's Ice Cream.

We had two choices for dinner on Saturday. One group went to a fish-boil in town at the White Gull Inn, the other headed up north to the Mink River Basin Supper club. I went north with a group for a great BBQ Rib dinner. Those who went to the White Gull Inn said the fish-boil was also good.

On Sunday morning our group unified and everyone took a 20 mile drive to Sturgeon Bay, WI to the Ahnapee Trail head. I forgot to warn everyone about the large mosquito population by the bay-side trail head. We got our ride started quickly just to get away from the bugs. I told everyone where our first rest stop was and let them go. The Ahnapee is a rail-road to bicycle-trail conversion so it is very straight and hard to get lost on. We normally let our faster riders go ahead of the group, and then we just meet up again later at the rest stop.

We only had one flat tire on bicycle ride to Algoma, WI, this is fairly normal, except this person did not have any way to inflate there tires. ARRR! We tell everyone over-and-over again to always carry a spare inner tube and a tire-pump. Okay, I did not make a bad situation worst by giving a speech; I just fixed the tire (I had several pumps with me).

Our destination was the beach on Lake Michigan in Algoma. It was great when we got there we found we had the beach to ourselves on a Sunday (an impossible task in the Chicago area). We got something to eat at the McDonald's across the street and had a picnic lunch on the lake front beach. This was perfect, hard to imagine a better destination for a bicycle ride.

When we got back from our ride we consulted with our Door County expert (Patti the 2004 Queen of Door County) about a place for dinner. We went to Fred and Fuzzy's in Sister Bay, and out-door bar and grill on the bay. The food was simple sandwiched, and the table and chairs were plastic, but the view was great, and the place was appropriate for a group of hungry cyclists.

Upcoming Organized Ride Events

Check the Schaumburg Bicycle Club Website for local rides, dates and times.

Also this reminder:

August Club Meeting

August 25, 2010

7:00 PM

Bicycle Club Monthly Meeting

Location:

Schaumburg Barn

231 Civic Drive

Schaumburg, IL

A Reminder to all members: Our Ride Posting process

Just to let everyone know, in case you didn't, the way to send out a message to everyone who is a Schaumburg Bike Club member is sbcannouncements@googlegroups.com.

So if you feel like going for a ride somewhere, just send a message out to this address and I'll bet that someone will respond.



The Schaumburg Bike Club welcomes Our Newest Members!

John Michnik Tom Murphy Joan Mundstock Cesar Garcia Robert Sitrick Sue Sitrick
Susan Laten Wayne Heinmiller Dan Wilkes Ronda Wilkes Michael Joseph
Louie Litrenta Marcia Litrenta Jerry Gardner

As the Rim Rolls

This month devotes the space to important *Bicycling Advocacy Information*

LIB Extra - from the League of Illinois Bicyclists

Advocacy, rides, and more - for further stories, see www.bikelib.org and our current newsletter

Governor Signs New Laws

Ed Barsotti, executive director of LIB, and more than 60 others witnessed last month Gov. Pat Quinn signing an anti-harassment law and an LIB-proposed bill for a year-round license plate with a "Share the Road" theme. Gov. Quinn signed the laws at Campbell Street Bicycle Shop in Arlington Heights. Barsotti presented Gov. Quinn with a certificate of appreciation and an LIB tshirt on behalf of Quinn's support of bicycling as governor as well as lieutenant governor.

The anti-harassment law sets penalties for motorists driving recklessly and unnecessarily close to, toward or near a cyclist. Depending on whether serious injuries result, it is either a class A misdemeanor or Class 4 felony. More information on the law and the event, including video clips and audio from the law signing ceremony, are available at www.bikeLIB.org.

Sign-Up for New License Plates Begins Soon

Many bicyclists in Illinois have eagerly been waiting for a permanent license plate in honor of bicycling. Annual National Bicycle Month had been available from LIB for April and May only. With Gov. Quinn's signature last month, a new permanent license plate will be created with a "Share the Road" theme and the words "Same Rights, Same Rules."

The plates will have a one-time \$29 switchover fee, plus an annual incremental fee of \$22 with most of the latter fee going to LIB for educational programs on sharing the road. These include LIB's video and lesson plan for driver's education classes, children and adults' safety information, police resources and media campaigns.

LIB is working with the State on the design of the license plate. There is a minimum of 1,500 orders before the plates can be produced. LIB will start a sign-up campaign within the next couple months. An email can also be sent to lib@bikelib.org to be placed on our "interested" list.

LIB's Distribution of Safety Sheets a Success, Improvements for Fall Distribution

More than 200,000 fourth graders throughout the state received LIB's "Be a Safe Bike Driver" sheet in May. A dozen schools volunteered to administer a pretest to assess what students already know about bicycle safety and conducted a post test to help determine the sheets' effectiveness.

Overall, 72 percent of the seven questions were answered correctly on the pretest, with the number jumping to 83 percent of correctly answered questions after reviewing LIB's sheet.

Using the test data and input from school principals, LIB revised the tests and sheet and will be distributing the sheet to new fourth graders this fall. Plans for a Spanish version of the sheet are

also underway. See the sheets at www.bikeLIB.org under the "Safety Education" tab.

Bike club members: LIB's efforts to improve bicycling are supported by 1,400 members - many belonging to clubs that donate. Become an individual member at www.bikelib.org/join



Special Membership Benefit

Your Schaumburg Bicycle Club membership gets you 10% off discount at the local bike shops. Carry your membership card with you!



Monthly Saddle Sores:

This year's Final Grand Tour
Vuelta España starts August 28, - September 19.

For the rest of us...
USCIRE LA BICICLETTA E RIDERE!



September 2010
Editor
Scott Beers