



Trick or Treat!

Advocacy

We believe our bicycling together for recreational purposes educates us all, motorists, pedestrians and fellow bicyclists, in access issues, rights and responsibilities and skilled, safe bicycling. Members of Schaumburg Bicycle Club believe their efforts and example will encourage others to bicycle whenever and wherever possible and more children to bicycle and walk to school.

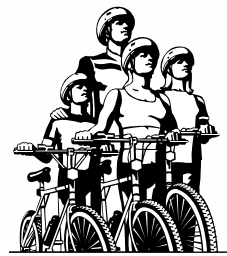
“Bicyclists fare best when they act and are treated as legitimate users of the road.”

- John Forester



Club members at the always-entertaining Progressive Dinner




SBC is proudly affiliated with other Advocacy groups



P.O. Box 68353
 Schaumburg, Illinois
 60168-0353
 630-668-5204 InfoLine
www.schaumburgbicycleclub.org



A Bicycling Club for:

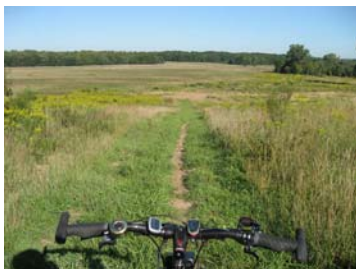
-  All ages
-  All skill levels
-  All riding types



WWW.SCHAUMBURGBICYCLECLUB.ORG

Schaumburg is “Bicycle Friendly”!

Schaumburg was first designated a “Bicycle Friendly” community by the League of American Bicyclists in 1999. With 85 miles of paths and bikeways and a forest preserve on either side, it’s a haven for bicyclists. Schaumburg and surrounding communities are home for over 1,000 people who bicycle regularly— whether for exercise, for sport, for fun, or for their commute. These cyclists care about the environment, they care about their sense of well-being, and they care about the price of gasoline.



Trail view as seen by an SBC member on a local ride



SBC members taking a well-deserved break!



SBC members stopping at Penny Road Pub during a weekday road ride

Club Activities

Club Rides

As you’d expect from a cycling club, we organize opportunities to ride! Cycling encompasses many different activities:

- **Road Rides**

Our scenic road rides through Schaumburg and nearby towns range from a moderate pace for beginners and enthusiasts, to very fast for racers and triathletes in training! You will also find opportunities to travel with club members to rides in other areas.

- **Mountain/ATB Rides**

Looking for some off-road excitement? How about a view of pristine Illinois prairie? Club members organize both local and remote trail rides.

- **Path and Touring Rides**

SBC hosts rides to scenic areas including Busse Woods, the Illinois Prairie Path, and the Fox River Trail.

Cycling Education

Past seminars include nutrition, safety, and bike maintenance.

Off-Bike Fun

Members enjoy activities such as an annual picnic and monthly ethnic dinners.

Top Ten Reasons to Join SBC

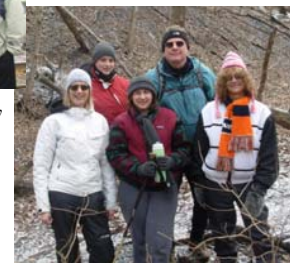
1. Use your bicycle!
2. Meet new people
3. Have fun!
4. Learn to ride safely
5. Increase your fitness level
6. Help advocate bicycle use
7. Learn about and try other types of cycling
8. See new places, both near and far
9. Learn to make cycling a family activity
10. Organize and lead your favorite ride

What About Winter?

Yes, it is inevitable that snow, ice, and cold will keep even the most seasoned of us from riding. However, the Schaumburg Bike Club stays active through the winter! Past activities have included hikes, cross-country skiing, and dinners.



Trip to see Lincoln Park Zoo holiday lights



SBC members enjoying a winter hike